



2012

May

RIDGE HIGH SCHOOL UBU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Chicken Tikka Masala over Whole Grain Rice Fish Nuggets Steamed Broccoli	2 Breaded Chicken Fritters Macaroni and Cheese Perogies Garlic Bread Sugar Snap Peas	3 Nachos w/ Turkey, Chicken or Cheese Mexicorn Spanish Rice Churros Jalapeno Poppers	4 Chicken Pot Pie Potato Casserole Steamed Vegetables BBQ or Plain Chicken Wings Egg Rolls	More Info... Deli Sandwiches made to order Salad Bar Panini Sandwiches Homemade Pizza, Personal Pizza, Stromboli all with Wheat Crusts Hamburger, Cheeseburger, Chicken Patty on Wheat Rolls Steamed Vegetables Soup of the Day Fresh Bagels from Bagel Peddler Freshly Baked Low-fat Muffins Fruit and Yogurt Parfaits Fruit Smoothies Baked Chips
7 Cheese Tortellini Alfredo w/ Creamy Tomato Sauce Penne Pasta Mozzarella Sticks Garlic Bread	8 Sesame Chicken Stir Fried Rice Egg Roll Steamed Broccoli	9 Breaded Chicken Fritters Roasted Sweet Potatoes Roasted Veggie Linguine Scalloped Apples	10 Homemade Beef & Bean Burrito Nachos w/ Turkey or Chicken Mexicorn Spanish Rice	11 BBQ Pulled Pork Cole Slaw Penne Pasta Baked Potatoes Mozzarella Sticks Garlic Bread	
14 Stuffed Shells w/ Cheese Pasta w/ Meat Sauce or Marinara Mozzarella Sticks Garlic Bread	15 Roast Turkey w/ Gravy Cranberry Apple Couscous Mashed Potatoes w/ Gravy	16 Breaded Chicken Fritters Baked Potato Bar: Broccoli, Cheese Sauce, Chili, Sour Cream Yellow & Green	17 Nachos w/ Turkey, Chicken or Cheese Mexicorn Spanish Rice Churros Jalapeno Poppers	18 Chicken Jambalaya Cheese Quesadillas Wilted Spinach	
21 Chicken Parm Meatballs & Marinara Penne Pasta Mozzarella Sticks Garlic Bread	22 General Tso Chicken over Whole Grain Rice Cheese Quesadilla	23 Breaded Chicken Fritters Macaroni and Cheese Perogies Garlic Bread Sugar Snap	24 Homemade Beef & Bean Burrito Nachos w/ Turkey or Chicken Mexicorn Spanish Rice Churros	25 Schools Closed	
28 Schools Closed	29 Penne Pasta w/ Marinara Sauce Sausage and Peppers Garlic Bread Sauerkraut Mozzarella Sticks	30 Breaded Chicken Fritters Roasted Sweet Potatoes Roasted Veggie Linguine Scalloped Apples	31 Nachos w/ Turkey, Chicken or Cheese Mexicorn Spanish Rice Churros Jalapeno Poppers		

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