



[Healthy Snacks = Healthy Energy!]

A Treat Yourself Right® Program

RHS After 2 Snack Menu

All selections include fresh whole fruit and a ½ 1 bottle of water

Classic Chicken

Boneless Chicken Breast Strips, Cheddar Cheese, Honey Mustard ,
Sliced Granny Smith Apples and Romaine Lettuce

Ham and Swiss

Deluxe Ham and Domestic Swiss with Honey Mustard, Thinly Sliced
Cucumber and Romaine Lettuce

Deluxe Roast Beef

Deli Roast Beef, Cheddar Cheese, Mayonanaise, Red Onions and
Romaine Lettuce

Florentine Turkey

Deli Turkey, Provolone, Honey Mustard and Baby Spinach

Your choice of Wheat Bread, Wheat Kaiser, or
Wheat Wrap

\$4.75

Please order and pre-pay by 9 a.m, and pickup
anytime before 2 :45 pm.

