



2012

January



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Schools Closed	3	Grilled Cheese on Wheat Tomato Soup Fresh Apple Cucumber Slices Choice of Low-fat Milk	4	Chicken Parm on Wheat Roll Fresh Cucumber Slices Petite Banana Choice of Low-fat Milk	5	Baked Macaroni & Cheese Wheat Dinner Roll Roasted Tomatoes Baby Carrots / Fresh Apple	6	Mozzarella Breadsticks w/ Marinara Fresh Spinach Cup Sliced Peaches in Juice Choice of Low-fat Milk
9	Chicken Lo Mein Tossed Salad Fresh apple Choice of Low-fat Milk	10	Personal Pizza Celery Sticks Pasta Salad Primavera Pineapple Tidbits in Juice Choice of Low-fat Milk	11	Soft Tacos w/ Salsa & Cheese Raw Spinach Cup Whole Grain Rice & Beans Choice of Low-Fat Milk	12	Bagel, Egg & Cheese w/ Sausage Patty Roasted Sweet Potatoes Fresh Apple Choice of Low-fat Milk	13	Chicken Parm on Wheat Roll Fresh Cucumber Slices Petite Banana Choice of Low-fat Milk
16	Baked Chicken Tenders w / Wheat Dinner Roll Yellow & Green Squash Sliced Pears in Juice Choice of Low-fat Milk	17	GIVEAWAY DAY! Orange Chicken w/ broccoli Brown Rice Steamed Vegetables Applesauce Choice of Low-fat Milk	18	Meatball Sub on Wheat Roll Tossed Salad Raw Broccoli Tops Fresh Tangerine Choice of Low-fat Milk	19	Baked Macaroni & Cheese Wheat Dinner Roll Roasted Tomatoes Baby Carrots / Fresh Apple	20	Mozzarella Breadsticks w/ Marinara Fresh Spinach Cup Sliced Peaches in Juice Choice of Low-fat Milk
23	Wheat Penne Pasta w/ Meat Sauce Wheat Dinner Roll Raw Broccoli Tops Cinnamon Applesauce Choice of Low-fat	24	Chicken Patty BLT On wheat roll Fresh Cucumber Slices Fresh Tangerine Choice of Low-fat Milk	25	Beef Nachos w/ Salsa & Cheese Whole Grain Rice & Beans Lettuce and Tomato Diced Pears in Juice Choice of Low-fat Milk	26	Grilled Cheese on Wheat Tomato Soup Fresh Apple Cucumber Slices	27	Fruit & Yogurt Parfait Warm Cinnamon Breadstick Celery Sticks Choice of Low-fat Milk
30	Baked Chicken Tenders w / Wheat Dinner Roll Yellow & Green Squash Fruit Cocktail in Juice Choice of Low-fat Milk	31	Meatball Sub on Wheat Roll Tossed Salad Raw Broccoli Tops Fresh Tangerine Choice of Low-fat Milk			Student Lunch Includes at least 3 or all 5 of the following: Meat / Meat Alternate; Bread / Grain; Fruit ; Vegetable; and Choice of Low-fat Milk		STUDENT LUNCH \$2.15	

Special News...

Entrées Available Daily

Tony's Cheese Pizza
Baked Chicken Patty on Wheat Roll
Hamburger on Wheat Roll
Gardenburger

Wheat Bagel w/ Cheese Stick
Chef Salad

Available Daily:
Self-Serve Fresh Fruits and Vegetables
Tossed Salad
Wheat Bread Basket

Menus are subject to change without notice.