

CODIFICATION REFERENCE NUMBER: M2431

DATE: August 3, 2010

ATHLETIC COMPETITION

RESPONSIBILITY:

The Athletic Director or his designee will implement the procedures for the appropriate physical examination of each student who intends to participate in the sports program. The Athletic Director will determine academic eligibility of each student who intends to participate in a sport.

PROCEDURES:

The procedures will provide for the physical well being of student athletes prior to their participation in interscholastic sports and will minimize exposure to risk in the face of liability arising from participation in the Bernards Township Board of Education athletic program.

1. If a student has a physical by his own physician, the NJDOE physician's assessment form and medical questionnaire must be returned to the Health Office prior to participation.
2. The school physician, or his designee, will conduct all free physical examinations. The student's private physician examination will be done at the expense of the parent.
3. Annual Athletic Pre-Participation Physical Examination from Health history questionnaire.

PART A

A medical history questionnaire will be completed by the parent or legal guardian of the pupil to determine if the pupil:

- Has been medically advised not to participate in any sport and the reason for such advice;
- Is under physician's care and the reasons for such care;

- Has experienced loss of consciousness after an injury;
 - Has experienced a fracture or dislocation;
 - Has undergone any surgery;
 - Takes any medication on a regular basis, the names of such medication, and the reasons for such medication;
 - Has allergies including hives, asthma, and reaction to bee stings;
 - Has experienced chest pains or palpitations;
 - Has a recent history of fatigue and undue tiredness;
 - Has a history of fainting with exercise; and
 - Has a history of a family member experiencing sudden death.
4. A physical evaluation form Part B will be conducted and will include, as a minimum, no less than the following:
- Measurement of weight, height, and blood pressure;
 - Examination of the skin to determine the presence of infection, scars of previous surgery or trauma, jaundice, and purpura;
 - Examination of the eyes to determine visual acuity, use of eyeglasses or contact lenses, and examination of the sclera for the presence of jaundice;
 - Examination of the ears to determine the presence of acute or chronic infection, perforation of the eardrum, and gross hearing loss;
 - Examination of the nose to assess the presence of deformity which may affect endurance;
 - Assessment of the neck to determine range of motion and the presence of pain associated with such motion;
 - Examination of chest contour;
 - Auscultation and percussion of the lungs;

- Assessment of the back to determine range of motion and abnormal curvature of the spine;
 - Examination of extremities to determine abnormal mobility or immobility, deformity, instability, muscle weakness or atrophy, surgical scars, and varicosities;
 - Examination of the testes to determine presence and descent of both testes, abnormal masses or configurations or hernia;
 - Assessment of physiological maturation; and
 - Neurological examination to assess balance and coordination and the presence of abnormal reflexes.
 - HIV status shall not be screened as a part of athletic physicals or be reported in school health records.
5. Interscholastic Athletic Permission Form.
 6. Contact for student athletes.
 7. A list of students who have had the physical will be given to the coach and the Athletic Director prior to the athletic activity.
 8. Accumulative record of the physical findings shall be kept in the Health Office and attached to the Health Record upon graduation.
 9. Parents will be notified of the physical exam results.
 10. **Academic eligibility will be determined by the Athletic Director as follows:**
A pupil in grades 10, 11, or 12 who in the previous school year earned 25% or more of the credits required by the State for graduation is eligible for participation in sports in the fall and winter sessions. A pupil in grades 9, 10, 11, or 12 who in the fall semester earned 12.50% or more of the credits required by the State for graduation is eligible for participation in the spring season. A pupil who is eligible at the start of a sport season remains eligible for that sport season regardless of his or her grades at the end of a marking period. Notice of these eligibility requirements shall be given to pupils.