

Resource Directory

| Organization | Location & Contact Information | Services Provided |
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| Family Financial Stabilization Program Catholic Charities | 540 Route 22 East Bridgewater, NJ 08807 (908) 722-1881 | The program provides financial counseling management, community education, payment planning, protective payee-ships, information and referral. Limited emergency assistance with rent/mortgage or utilities when funds are available. |
| Family Guidance Center Corporation | 1931 Nottingham Way Hamilton, NJ 08619 (609) 586-6641 | Family Guidance Center provides outpatient mental health services (individual, family, and couples counseling), outpatient substance abuse treatment, psychiatric evaluations and medication monitoring, children's partial care program (Children's Day Treatment), and HIV Services. They also provide Consumer Credit Counseling Services (includes debt management, housing counseling, and bankruptcy counseling). Family Guidance Center also offers a private school for children with behavior disorders (tuition is paid for by child's home school district) |
| FISH, Inc. (Somerville Area) | P.O. Box 6288 Bridgewater, NJ 08807 (908) 725-5556 | Families living in Somerset County can receive emergency food and shelter, aid with prescriptions, special needs, etc. |
| Food Bank Network | P.O. Box 149 Bound Brook, NJ 08805 (732) 560-1813 | Food package distribution to low income families. Working wardrobe – clothing for women re-entering workforce. Prescription program for families with no medical insurance. This now includes eyeglass prescriptions. Delivery of frozen meals to shut-ins. |
| Jewish Family Service of Somerset, Hunterdon, and Warren Counties | 150-A West High Street Somerville, NJ 08876 (908) 725-7799 <hr/> 775 Talamini Road Bridgewater, NJ 08807 (908) 725-6994 | The agency provides individual, couples, family, and group counseling that includes a child specialist who is available to meet the special needs of children and adolescents. Services to the elderly and their and their families include home assessments and home visits through the Elderly Support Program(ESP), career services, Family Mentoring, Refugee Resettlement, Family Life Education, and Emergency Food Assistance, as well as information and referral |
| Legal Services of Northwest Jersey | 34 West Main Street Suite 301 Somerville, NJ 08876 (908) 231-0840 | Provides free civil legal services to low-income and vulnerable senior residents of northwest New Jersey (Hunterdon, Morris, Somerset, Sussex, and Warren Counties) in cases involving essential basic needs (family relationships, housing, economic stability, consumer, public entitlements, health care access, employment, education) |
| New Jersey Self-Help Group Clearinghouse | 375 East McFarlan Street Dover, NJ 07801 (800) 367-6274 | Information is given on parenting and some youth self-help groups for dealing with abuse, bereavement, addiction, disability, behavior problems, illness, and other stressful life problems. The service also helps with the development of new parent, youth or other self-help groups. Publishes a Self-Help Group Directory annually. |

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| Parents Anonymous of NJ, Inc. | 127 Route 206 South Suite 10 Hamilton, NJ 08610 (609) 585-7666 | Parents Anonymous provides community based support groups for anyone in a parent role. Members of Parents Anonymous care about people and provide friendship and support. It is a private, non-profit organization that offers the following free services: Parent Support Groups, Parents of Teens Support Groups, That Parents Anonymous Stressline Family Helpline, Teen Pregnancy Initiative, HOPES(Healing Ourselves Physically, Emotionally , Effectively), The Children's Program, Training and Community Education, Parenting Workshops and Resource Library. Please call for further information on any of these programs |
| Richard Hall Community Mental Health Center | 500 North Bridge Street Bridgewater, NJ 08807 (908) 725-2800 (888) 744-4417 (908) 253-3165 (Assessment Center) | Somerset County children age 3 ½ to 18 and their families can receive individual, group, play, and family therapy. Problems relating to school, sexual abuse, family violence, substance abuse, and family/social adjustment are dealt with. Those with learning disabilities and some developmental disabilities are seen and may be assessed and referred for specialized services as needed. Psychiatric evaluations are available. Parenting education is also offered. A clinician works with the school-based Linkages program at the County Vocational High School. Parents can be referred for a range of clinical services as well. |
| Somerset County Board of Social Workers | 73 East High Street P.O. Box 936 Somerville, NJ 08876 (908) 526-8800 <u>Other Locations</u> <u>610 Franklin Blvd.</u> Somerset, NJ 08875 (732) 846-6499 <u>391-D Somerset Street</u> North Plainfield, NJ 07060 (908) 561-9400 | Cash assistance is available to families with minor children under Temporary Assistance to Needy Families Program. Food stamps are available to families and single adults who meet the program's eligibility requirements. In addition, the Board administrators the Work First General Assistance Program for indigent single adults and couples to 15 of the 21 municipalities in the county. Medical assistance is available under various Medicaid program. (This includes medical coverage for families with minor children, pregnant women and the elderly and disabled.) The Board of Social Services provides counseling, emergency housing for temporary assistance to needy families, as well as limited housing assistance for working poor county residents, information and referral to other service organizations, protective services as well as outreach services provided to residents of rooming and boarding homes. |