

# RIDGE TRACK & FIELD CAMP

*The Ridge Track & Field Camp, directed by Tim Mooney, Ridge High School Head Girls Track & Field Coach, will offer an introduction to all events for any boy or girl entering grades 1-9. Emphasis will be on basic skills as well as teamwork during relay events. All participants will have an opportunity to compete in events throughout the week. Awards will be given to all! Although this camp is consistent with the mission of the Bernards Twp. Board of Education, it is a private camp and operates as a separate entity from Board of Ed. Programs.*

Instructors:

- **Tim Mooney**, Ridge High School Head Girls Track & Field Coach
- RHS Track & Field Staff
- Collegiate Runners

Equipment:

- Dress for the weather!
- Sneakers should be worn at all times.

Ages:

- Boys and Girls entering Grades 1-9 (Sept. 2010)

Dates: **July 5-9 or July 19-23**

Time: **5:30-8:00 pm**

Cost: \$ 110 (one week per child)

\$ 200 (two weeks per child)

\$ 200 (2 in family per week)

\$ 270 (3 or more in family per week)

Place: **Ridge High School**



**Save this portion for your reminders. There will be no confirmation.**

Please complete the form below and mail with a check payable to:

Ridge Track Club  
c/o Tim Mooney  
71 Spencer Road  
Basking Ridge, NJ 07920

**20% of fee is non-refundable after 6/11/10**

For further information, call 766-2670.

Child's Name: \_\_\_\_\_

Sex: Male Female

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Grade Entering: \_\_\_\_\_

Street Address: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Phone: (Home)(\_\_\_\_)\_\_\_\_\_

(Emergency) (\_\_\_\_)\_\_\_\_\_

Session:  July 5-9 (Session 1)  July 19-23 (Session 2)  Both (Sessions 1 and 2)

T-Shirt Size:  Youth Medium  Youth Large  Adult Small  Adult Medium  Adult Large

Please list any physical limitations (allergies, hearing, sight, asthma, etc.) \_\_\_\_\_

As the parent or Legal Guardian of the child named below, I hereby give my full consent and approval for my child to participate as a member in the activity designated below. I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as other related activities incidental to my child's participation and I am willing to assume these risks on behalf of my child. I hereby certify that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below. In addition to giving my full consent for my child's participation, I do hereby waive release and hold harmless the organization listed above, its coaches, sponsors, supervisors and representatives for any injury that may be suffered by my child in the normal course of participation in the designated sport and the activities incidental thereto, whether the result of negligence or any other cause.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_